

Then there were none....

For parents, it can be a difficult time when the children head off to university. At this new stage of being a parent, you have to achieve that delicate balance of letting your offspring know they have your support but at the same time allowing them to be independent - often easier said than done.

Countless parents suffer from what is referred to as '**empty nest syndrome**', a term commonly used for a psychological or emotional condition that can affect parents around the time that one or more children leave home. The term identifies and encapsulates the feelings of sadness and loss that parents experience when the children no longer live with them, or need their day-to-day care.

With the children gone, their absence can also make for a dangerous time in any marriage. Even after a long-term relationship, a marriage can begin to falter unless the couple are prepared to share their feelings about the sudden change. Instead of sharing their feelings, partners often start criticising one another about their behaviour and what seems like empty

nest syndrome can actually be a sense of despair about the state of the marriage.

In many cases a couple will rediscover each other after the children have left..... But what happens if they find that the children's departure forces them to face the fact that the relationship has been at an end for many years, held together merely by their commitment to their children.

In these circumstances, each parent should seek legal advice in order to discuss their options and the implications of separation and potential divorce.

At MK Legal Solicitors we have the professional experience and expertise to guide you through this difficult time and we will help you see the way forward. Everyone within MK Legal solicitors is committed to achieving the best possible outcome for every client.

To talk to a family solicitor about your own personal circumstances please call **01908 577680 or email info@mk-legal.co.uk for a fixed fee appointment.**

MK LEGAL

S O L I C I T O R S

Divorce & Family Issues

We are focused on the particular needs of *long marriages* and second marriages!



- Divorce & Division of Assets
- Pension splitting
- Cohabitation and Pre-nuptial Advice
- Children issues
- Maintenance
- Civil Partnership

To talk to a family lawyer about your own personal circumstances call **01908 577680** or email info@mk-legal.co.uk to arrange for a £85 fixed fee appointment